Japan by Sea
Land of the Rising Sun
Aboard the Caledonian Sky

William Kelly
Professor of Anthropology and Japanese Studies
Dear Yale Traveler

I hope you will join me next April aboard the 114-passenger Caledonian Sky, as we cruise through the Inland Sea and the Sea of Japan on a delightful springtime exploration of Japan, with deluxe accommodations in both Kyoto and Tokyo. As an archipelago nation, Japan, with its fascinating variety of tranquil historic towns, artistic centers, and remote islands, is wonderfully suited for exploration by small ship.

Experience dramatic coastlines, sacred temples, celebrated gardens, and cutting-edge art and architecture. Meet and interact with a kabuki actor and the owner of a traditional geisha house, and participate in a hands-on taiko drum workshop with the world-famous Kodo drummers on remote Sado Island. Take part in a traditional tea ceremony, attend a specially arranged performance of sacred bugaku dance, travel on Japan’s high-speed rail (the shinkansen, or “bullet train”), and marvel at the stunning iconic beauty of Miyajima’s torii gate.

During the trip, we will be accompanied by travelers from Harvard, MIT, Smith College, the National Trust for Historic Preservation, and the Archaeological Institute of America. Together we will explore the culture, art, architecture, and history of Japan during an enriching educational program of lectures, tours, and discussions.

I have been engaged with Japan for more than 45 years—studying, living, and teaching there and it remains for me a source of endless fascination and inspiration. I look forward to introducing you to a society that combines the breathtaking beauty of rich aesthetic traditions and the ingenuities and energies of the ultra-modern. Register now at yaleedtravel.org/japan18, as the trip will surely fill quickly. If you have questions or need more information, please call (203) 432-1952 or email edtravel@yale.edu.

Sincerely,

William Kelly
Professor of Anthropology
Sumitomo Professor of Japanese Studies

www.yaleedtravel.org/Japan18

Highlights

Cruise Japan’s Inland Sea and beyond for 8 nights, including a day ashore in South Korea, aboard the spacious expedition ship Caledonian Sky.

Enjoy a special presentation about the life and training of a geisha, and watch a kabuki actor transform himself into character during a private make-up and dressing demonstration.

Try your hand at taiko drumming at the remote Sado Island home of the world-famous Kodo drummers, and thrill to their exhilarating music.
William W. Kelly is Professor of Anthropology and the Sumitomo Professor of Japanese Studies at Yale University. Educated at Amherst College (BA Anthropology) and Brandeis University (PhD Sociocultural Anthropology), he joined the faculty at Yale in 1980. He has served as chair of the Council on East Asian Studies and as chair of the Department of Anthropology for eleven years. Professionally Kelly has long been involved with U.S.-Japan educational exchanges and has received three awards for teaching at Yale.

A noted authority on the social and historical anthropology of Japan, Professor Kelly's early work focused on agriculture and rural life in regional Japan, based on fieldwork in the Shōnai area of Yamagata Prefecture. Among his publications from this project are *Water Control in Tokugawa, Japan and Deferece and Defiance in 19th-Century Japan*. He has also written widely on the broader dynamics of mainstream Japanese society, including “Finding a Place in Metropolitan Japan” (1993) and “Students, Slackers, Singles, Seniors, and Strangers: Transforming a Family-Nation” (2005).

His research for the past two decades has explored sport and body culture and their significance in modern Japan. He is now finishing a manuscript on one of the Kansai baseball clubs, titled “The Hanshin Tigers and the Practices of Professional Baseball in Modern Japan.” He has also been exploring the growing influence of soccer and the Olympic Movement in reshaping ethnicity, gender, and citizenship in Japan and East Asia, including the upcoming 2020 Tokyo Olympics.

### Additional Lecturers

**MIKAEL ADOLPHSON** is the Keidanren Professor and Chair of Japanese Studies at the University of Cambridge. His current interests and projects center on cultural icons, historical narratives, and agency in societal changes.

**TOM ROHLICH**, Professor Emeritus of East Asian Languages and Literatures, retired from Smith College in June 2015. His teaching and research focused on the poetry and prose of the Heian period (794-1185).

**JAMES SALZMAN** is the Donald Bren Distinguished Professor of Environmental Law at UCLA Law School and the University of California, Santa Barbara, and the Jeremiah Smith, Jr. Visiting Professor of Law at Harvard.

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**Upcoming Trips**

- **Rivieras & Islands of France, Italy & Spain**
  - October 14–22, 2017
  - Prof. Howard Bloch, French

- **Cruising Patagonia Glaciers & Chilean Fjords**
  - October 15–26, 2017
  - Prof. Leo Buss, Ecology & Evolutionary Biology

- **Bordeaux: Vineyards, Vintages & Chateaux**
  - October 18–26, 2017
  - Prof. Stephen Nichols '63 PhD, French & Humanities

- **From Luther to the Berlin Wall: 500 Years of World History**
  - November 2–11, 2017
  - Prof. Erik Midelfort ’64, ’70 PhD, History & Religious Studies

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**Book Corner**

**The Inland Sea**

*by Donald Richie*

On its surface a travel account, this a beautiful reflection on all things Japanese by one of the country's most acute observers. Anyone with an interest in Japan would enjoy this book, those on a voyage through the Inland Sea even more so.

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**Where the Dead Pause, and the Japanese Say Goodbye**

*by Marie Mutsuki Mockett*

When her American father passes away, Mockett seeks consolation in her mother's home country of Japan. After the 2011 tsunami, radiation levels near the Fukushima Daiichi nuclear power plant prohibit the burial of her grandfather.

Suggested by Longitude Books
Itinerary
APRIL 15–28, 2018
Note: Several days offer optional excursions from which to choose.

WELCOME PHONE CALL
Tuesday, April 3 (tentative)
Join the group at 4:00 p.m. EDT for a pre-trip welcome call with Professor William Kelly in order to learn more about what to expect and to ask questions.

HOME / KYOTO, JAPAN
Sunday & Monday, April 15 & 16
Depart home on an overnight flight to Osaka and transfer to the hotel.

KYOTO
Tuesday, April 17
Visit Tenryu-ji, a Rinzai Buddhist temple and UNESCO World Heritage site; the atmospheric Arashiyama bamboo grove; and UNESCO World Heritage–designated Kinkaku-ji (Temple of the Golden Pavilion). This evening, enjoy a private presentation by a former geisha and maiko (apprentice geisha) and a festive welcome reception and dinner.

KYOTO & KYOTO Hotel Okura (B,L,R,D)

KYOTO
Wednesday, April 18
All: Explore the Miho Museum, one of the master achievements of architect I.M. Pei. Return to Kyoto for afternoon options.

Option 1: Visit Sanjusan-gendo temple, famous for its 1001 statues of Kannon, the goddess of mercy.

Option 2: Participate in an ikebana (flower-arranging) working (additional $40 per person).

KYOTO Hotel Okura (B,L)

KYOTO / KOBE (Embark)
Thursday, April 19
In Nara, the capital of Japan for 74 years (710–784), visit the National Museum and two UNESCO World Heritage sites: Todai-ji, famous for its monolithic statue of the Great Buddha, and Horyu-ji, Japan’s oldest surviving Buddhist temple. Embark the Caledonian Sky in Kobe.

Caledonian Sky (B,L,D)

NAOSHIMA
Friday, April 20
Disembark for a visit to Naoshima, an island in the Inland Sea and a mecca for cutting-edge art and contemporary architecture. Explore the world-class Chichu Art Museum and Benesse House Museum, both designed by Tadao Ando.

Caledonian Sky (B,L,D)

MIYAJIMA
Saturday, April 21
Transfer to Miyajima Island this morning aboard Zodiacs. Visit the 6th-century Itsukushima Shinto Shrine, with its iconic vermilion torii (gateway) that appears to float on the sea at high tide. Enjoy ample free time to explore the town.

Caledonian Sky (B,L,D)

HAGI
Sunday, April 22
Explore Japan’s medieval heritage at Hagi, with its well-preserved samurai and merchant quarters and a ceramics tradition nearly 400 years old. Visit the kiln of a master artisan of the highly acclaimed Hagi-yaki pottery. Walk the grounds of Toko-ji temple, where hundreds of moss-covered stone lanterns guard the graves of five Mori lords.

Caledonian Sky (B,L,D)

ULSAN, SOUTH KOREA
Monday, April 23
In the UNESCO World Heritage city of Gyeongju, ancient capital of the Silla kingdom, visit Bulguksa, one of the most beautiful Buddhist temples in South Korea. After a lunch of Korean specialties and a performance of Korean folkloric music, choose an afternoon option.

Option 1: Explore the royal tombs in Tumuli Park and the Sokkuram Grotto, part of the Bulguksa temple complex and a Korean National Treasure and UNESCO World Heritage site.

Option 2: Visit the world’s largest automobile assembly plant, operated by Hyundai Motor Company.

Caledonian Sky (B,L,D)

MATSUE, JAPAN
Tuesday, April 24
At the Adachi Museum of Art, explore its collection of modern Japanese works set in exquisite gardens. Continue to charming Matsue and visit one of the few surviving castles in Japan, built

A maiko wears five different hairstyles that mark the different stages of her apprenticeship before becoming a geisha.
in 1611. Enjoy free time to stroll through Matsue’s historic samurai quarter. **Caledonian Sky (B,L,D)**

**KANAZAWA**  
**Wednesday, April 25**  
Call at the artistic center of Kanazawa for a visit to Kenroku-en, considered by many to be the finest landscape garden in Japan. Also visit the 21st Century Museum of Contemporary Art, with time to explore Kanazawa’s historic neighborhoods.  
**Caledonian Sky (B,L,D)**

**SADO ISLAND**  
**Thursday, April 26**  
Remote Sado Island is home base for the **taiko** drumming group Kodo (“heartbeat”). Attend a hands-on drumming workshop, a short performance by several of the resident drummers, and a guest lecture on this ancient art form. In the picturesque village of Shukunegi, ride aboard one of the unusual fishing boats called **tarai-bune**, followed by a tour and tasting at a local **sake** brewery. This evening enjoy a farewell reception on board the ship.  
**Caledonian Sky (B,L,D)**

**NIIGATA (Disembark) / TOKYO**  
**Friday, April 27**  
Disembark the **Caledonian Sky** in Niigata port and board a high-speed “bullet train” for Tokyo.  
**Option 1:** Explore the Nezu Museum’s impressive collections of Japanese, Chinese, and Korean calligraphy, painting, sculpture, and ceramics, and its lovely traditional gardens.  
**Option 2:** Visit the Toto showroom in Shinjuku, where the company’s innovative lavatory products are on display.  
**All:** Gather this evening for a special farewell dinner with a private demonstration of **kabuki**, followed by an optional Tokyo-by-Night motor coach tour.  
**Imperial Hotel (B,L,D)**

**TOKYO / HOME**  
**Saturday, April 28**  
Transfer to Narita or Haneda Airport for flights home (arriving the same day). (B,D)

Included meals indicated each day as B/L/D = Breakfast/Lunch/Dinner.

**COVER PHOTO: MIYAJIMA TORII.**

(From Dreamstime.com): Miyajima torii ©Cowardlion; Taiko drummers ©Jinlide; Bulguksa temple ©Zzyatlund; Kinkaku-ji (Golden Pavilion) ©Jayasi; Iya Valley ©Paul Ashton; Kamakura Buddha ©Anyaivanova; Kenroku-en garden ©Tktdk; Tea ceremony ©Juice Team. (From Shutterstock.com): Bamboo grove ©Martin Mette. (From Wikipedia): Maiko ©Daniel Bachler.

**Optional Pre-tour Extension**  
**KII PENINSULA & IYA VALLEY**  
**April 10–16, 2018**  
After an initial night near Osaka, travel to the remote and peaceful Kii Peninsula. Weather permitting, delight in the gorgeous blooms of the cherry trees. Continue to Shikoku, the smallest of Japan’s main islands, for a two-night stay in the remote Iya Valley (above), where vine suspension bridges, thatched-roof farmhouses, and village traditions date back to the Edo period. En route to Kyoto to start the main tour, stop in Takamatsu to stroll through Ritsurin Park’s 17th-century gardens, with graceful bridges arcing over ponds.

**Optional Post-tour Extension**  
**KAMAKURA & HAKONE**  
**April 28–May 1, 2018**  
Travel outside Tokyo for a two-night stay in the hot springs resort of Hakone. Explore the Hakone Open-Air Museum, featuring sculpture and artwork by renowned artists; enjoy the Lalique Museum’s collection of Art Nouveau and Art Deco objects; cruise along Lake Ashi; and ride the Hakone Ropeway for views of Mt. Fuji (weather permitting). Also visit the historic center of Kamakura, with its Zen temples and famous Daibutsu, a giant bronze statue of Buddha (below).  

Additional details and pricing for both optional extensions will be sent to confirmed participants.

**Reserve Your Trip To Japan Today**  
Book online: www.yaleedtravel.org/japan18
The *Caledonian Sky* is a premier 114-passenger expedition ship refurbished in 2012. All cabins have an ocean view, en suite bathroom with walk-in shower and/or bathtub, spacious wardrobe or walk-in closet, safe, mini-bar, individually controlled heat/air-conditioning, flat-screen television, and sitting area with sofa. Twenty-three of the suites feature private balconies. The ship's amenities include a dining room, two lounges with bar service, small library and gym, sun deck with comfortable lounge chairs, hairdresser, laundry service, and gift shop. An elevator services all passenger cabin decks. The *Caledonian Sky's* chefs prepare quality international meals, predominantly Western-style, served in a single open seating. A friendly crew provides exceptional, personalized service, with more than a 1:2 crew-to-passenger ratio. The ship features advanced satellite navigation and communication equipment, roll stabilizers, and a fleet of Zodiac landing craft.

**WHAT IS INCLUDED:**
- Educational program of lectures and discussions with Yale study leader William Kelly
- All accommodations, meals, and excursions as specified in the itinerary
- Niigata/Tokyo bullet train
- Arrival and departure transfers by air-port limousine bus or shared shuttle van
- Baggage handling
- Gratuities to porters, wait staff, guides, drivers, and shipboard personnel
- Port charges
- Entrance fees
- Welcome and farewell wine receptions
- Wine, beer, and soft drinks with welcome and farewell dinners and with lunches and dinners on board the *Caledonian Sky*
- Bottled water on motor coaches
- Professional tour manager
- Emergency medical evacuation services with UHC Global Assistance

**WHAT IS NOT INCLUDED:**
- U.S. domestic and international airfare
- Passport/visa expenses
- Medical expenses and immunizations
- Private airport transfers
- Travel insurance
- Optional excursions or deviations from the scheduled tour
- Excess-baggage charges
- Meals not specified in the itinerary; dishes and beverages not part of the included meals; liquor or soft drinks except as noted
- Laundry or dry cleaning
- Telephone, fax, Internet and email charges
- Room service
- Other items of a personal nature

**ITINERARY CHANGES:**
The itinerary presented for this tour is subject to modification and change by Yale Educational Travel and Criterion Travel (the tour operator). Every reasonable effort will be made to operate the program as planned; however, should unforeseen world events and conditions require the itinerary to be altered, Yale Educational Travel and the tour operator reserve the right to do so for the safety and best interest of the group. Any extra expenses incurred in this situation are the responsibility of the participant.

**A NOTE ABOUT COSTS:**
Program rates are based upon current taxes, currency values, tariffs, fuel prices, currency values, and a minimum number of participants. While we will do everything possible to maintain the published rates, they are subject to change (for example, due to increases in fuel prices). If there are significant changes, we will notify participants in advance of departure.

### Program Rates, per person (including VAT and taxes)

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<thead>
<tr>
<th>CATEGORY/DECK</th>
<th>DOUBLE</th>
<th>SINGLE*</th>
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<tbody>
<tr>
<td><strong>A CASTLE DECK</strong></td>
<td>(forward) 244 sq. ft. with two portholes, shower</td>
<td>$9,990</td>
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<td><strong>B CASTLE DECK</strong></td>
<td>244 sq. ft. with two, three, or four portholes, shower</td>
<td>$11,490</td>
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<td><strong>C CALEDONIAN DECK</strong></td>
<td>232 sq. ft. with large window, bathtub, shower, (except 329, 330, and 331, shower only)</td>
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**AIR ARRANGEMENTS** Valerie Wilson Travel, Inc., is the preferred provider for airline arrangements for this trip and can be reached at (877) 376-1754. You are also welcome to book your air transportation through your local travel agent, an online travel site, or the airline of your choice.

**PLEASE NOTE:** U.S. domestic and international airfare is not included in the program rates. Round-trip economy-class airfare from New York to Osaka, Japan, with return from Tokyo, is approximately $1,489 per person as of April 2017 and is subject to change without notice.

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TERMS AND CONDITIONS

RESERVATIONS, DEPOSITS, AND FINAL PAYMENT: To reserve a space on this tour, please mail a deposit of $1,000 per person payable to “CRITERION TRAVEL,” along with the completed reservation form, to: Yale Educational Travel, Association of Yale Alumni, P.O. Box 209010, New Haven, CT 06520-9010 or fax the completed form to (203) 432-0587. Deposits may be charged to a credit card. Reservations are acknowledged in order of receipt. Final payment is due December 16, 2017.

CANCELLATIONS AND REFUNDS: All cancellations must be in writing to Yale Educational Travel. Refunds, less a cancellation fee of $300 per person, are made if we are notified in writing on or before December 16, 2017. No refunds are made after that date. There are no refunds for unused meals, accommodations, or other trip features.

WHAT TO EXPECT: We consider this a moderately strenuous program that is at times physically demanding and busy. Daily excursions involve up to one mile of walking at a time, often on uneven terrain. In some instances, elevators are unavailable and stairs may not have handrails. You will be required to remove your shoes while visiting temples, shrines, and a number of other sites. You will need to climb into and out of Zodiacs for one excursion ashore (there will be staff and crew members on hand to assist). Participants must be physically fit, active, and in good health.

INSURANCE: Yale Educational Travel highly recommends the purchase of trip cancellation insurance. If participants purchase trip insurance, and we hope that they do, participants are free to purchase the insurance of their choice. Most travel insurance must be purchased within 7-10 days of paying a deposit in order to include certain provisions including pre-existing conditions.

California Seller of Travel Program
CST 2088800-40

To reserve, return the above form with credit card authorization or check payable to “Criterion Travel” to Yale Educational Travel, P.O. Box 209010, New Haven, CT 06520-9010.
Phone: (203) 432-1952. Fax: (203) 432-0587.
Experience Japan’s island world, ancient and modern

Japan by Sea: *Land of the Rising Sun*

April 15–28, 2018

William Kelly
Professor of Anthropology and Japanese Studies

Engage with local people during interactive experiences including an *ikebana* lesson in Kyoto, a tea ceremony in Miyajima, and a visit to an artisan’s kiln in Hagi.

Learn about some of the products and processes for which Japan and Korea are renowned, from traditional ceramics and landscape design to robotically assembled automobiles and high-tech lavatories.