

Yale *Educational Travel*



October 7-15, 2017

Ancient Empires

From Malta to Rome

M.Y. VARIETY VOYAGER

Kirk Freudenburg

Professor of Classics

Dear Yale Traveler

Discover the intriguing *mélange* of cultures that flourished in the wake of ancient empires while cruising along the resplendent shores of Malta, Sicily, and Italy. This outstanding itinerary showcases the very best of this historic region at the most ideal time of year and affords you the unique opportunity to travel with a small, intimate group while enjoying deluxe accommodations aboard the exclusively chartered *M.Y. VARIETY VOYAGER*, an authentic small ship able to call on ports inaccessible to larger vessels.

Cruise from Malta to Rome along two of Europe's most ancient and dramatic coastlines, and through the fabled Strait of Messina, situated between Sicily and mainland Italy. Marvel at Italy's stunning Amalfi Coast and the colorful seaside town of Sorrento; explore the fascinating hidden treasures of Sicily; and see seven impressive UNESCO World Heritage sites. Gain insight into the Roman way of life in A.D. 79 at the superbly excavated site of Pompeii. Discover Sicily's storied town of Taormina in the shadow of Mount Etna, as well as the legendary city of Syracuse — once the most powerful city of the ancient Greek world and today an open-air museum of monumental antiquities — and Agrigento's majestic Valley of the Temples, one of the most memorable sights of the ancient world. Experience the rich history of Malta, the island nation where St. Paul the Apostle was shipwrecked and the Order of the Knights of St. John, Caravaggio, Sir Walter Scott, and Queen Elizabeth II once called home.

This once-in-a-lifetime voyage provides unique and captivating experiences in several of the most spectacular historical and cultural places in the world. To reserve your space, visit www.yaleedtravel.org/empires17. Or contact us at 203-432-1952 or edtravel@yale.edu.

Happy travels,



Kathy Edersheim '87
Senior Director, International Alumni Relations and Travel
Association of Yale Alumni

www.yaleedtravel.org/empires17



Highlights

Cruise for seven nights along the unforgettable coasts of Malta, Sicily, and southwestern Italy aboard the exclusively chartered, deluxe *M.Y. VARIETY VOYAGER*.

Tour Italy's iconic Amalfi Coast, famous for its winding corniche road that runs along spectacular cliffs and hillsides.

Walk through the UNESCO World Heritage-designated ruins of ancient Pompeii, the Roman city preserved in time by the eruption of Mount Vesuvius nearly two millennia ago.





Yale Study Leader

Kirk Freudenburg



Kirk Freudenburg is Professor of Classics at Yale. He took his B.A. at Valparaiso University, an M.A. at Washington University in St. Louis and his Ph.D. at the University of Wisconsin. Before joining the Yale faculty, Professor Freudenburg taught at Kent State University; Ohio State University,

where he was Associate Dean of the Humanities; and the University of Illinois, where he served as chair of the Department of Classics. His research has long focused on the connection between Roman writing and Roman life, paying special attention to the ways in which cultural practices and protocols inflect the writing of poetry.

Most of his published work has centered on issues of free speech in the Roman world and on “satire” as a literary form and cultural practice. He has written and co-edited several books on the topic of satire, and he has edited an Oxford Readings volume on the hexameter poems of Horace. His current projects include a book on structures of Roman thought and cultural practice in Roman poetry and a commentary on the second book of Horace's *Sermones* for the Cambridge Green and Yellows, and he is co-editing the *Cambridge Commentary to the Age of Nero*. His main publications include: *The Walking Muse: Horace on the Theory of Satire* (Princeton, 1993), *Satires of Rome: Threatening Poses from Lucilius to Juvenal* (Cambridge, 2001), and the *Cambridge Companion to Roman Satire* (Cambridge, 2005).

Yale Educational Travel • Association of Yale Alumni
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Reservations: 203.432.1952 edtravel@yale.edu

Upcoming Trips

**Symphony on the Blue Danube
aboard the M.S. AMADEUS SILVER II**
10/10/2017 - 10/21/2017
Prof. Paul Hawkshaw, Music

**Rivieras and Islands of France,
Spain, and Italy**
10/14/2017 - 10/22/2017
Prof. Howard Bloch, French

Costa Rica: A Family Adventure
12/26/2017 - 01/03/2018
*Prof. Peter Crane, Forestry and
Environmental Studies*

Book Corner

**Between Salt Water and
Holy Water: A History of
Southern Italy**
by Tommaso Astarita

The Georgetown University professor recounts the often turbulent history of the region once known as the “Kingdom of the Two Sicilies.”

The Kappilan of Malta
by Nicholas Monsarrat

Centuries of Maltese history are woven into this gripping tale of a priest tending to his community during World War II.

ITINERARY

OCTOBER 7-15, 2017

WELCOME PHONE CALL

Tuesday, September 26
(Tentative)

Join the group at 4PM EST for a pre-trip welcome call with Professor Kirk Freudenburg to learn more about what to expect and to ask questions.

VALLETTA, MALTA

Saturday and Sunday,
October 7 and 8

Depart the U.S. for the UNESCO World Heritage-designated city of Valletta, founded in 1566 by the French Grand Master of the Order of the Knights of St. John. Today this 2018 European Capital of Culture showcases incredible architecture from the 16th century onward.

Embark the M.Y. VARIETY VOYAGER this afternoon. (R/D)

VALLETTA

Monday, October 9

Visit the 16th-century St. John's Co-Cathedral for a display of artistic masterpieces, including Caravaggio's *The Beheading of Saint John the Baptist*. Enjoy a walking tour through the colonnaded Lower Barrakka Gardens, offering stunning vistas of Valletta's Grand Harbor, and the striking Grand Master's Palace. A member of the de Piro family of Maltese nobility leads your private tour through the 430-year-old Casa Rocca Piccola, the family's ancestral home.

Be on deck for unforgettable views while cruising from the picturesque bay of Valletta past the scenic shores of Selmunett, the small island where St. Paul the Apostle was shipwrecked en route to Rome. (B/L/D)

AGRIGENTO, SICILY, ITALY

Tuesday, October 10

The classical Greek world comes alive in Agrigento's Valle dei Templi (Valley of the Temples), a UNESCO World Heritage site. Here, no fewer than eight Doric Greek shrines dating from the fifth century B.C. dot the landscape, including the



Temple of Hera, with its graceful northern colonnade, and the Temple of Concordia, said to be one of the most beautifully preserved Greek monuments still standing today. See the temples dedicated to Zeus and Heracles, and the Sanctuary of the Chthonic Divinities. Visit the Agrigento Archaeological Museum, ranking among Sicily's finest. (B/L/D)

At the crossroads between Europe and Africa, the coasts of Malta, Sicily, and Italy have absorbed a myriad of cultural influences for centuries.

SYRACUSE

Wednesday, October 11

Extolled for its beauty and grandeur since classical antiquity, Syracuse reached its zenith of wealth and power under Dionysius the Elder, who established it as a center of philosophy and the arts 350 years after Greek colonists first settled there in 734 B.C. Today, this UNESCO World Heritage site is an open-air museum of well-preserved classical monuments.

Visit the magnificent Greek Theater, where Aeschylus once spoke to ancient Siracusans;

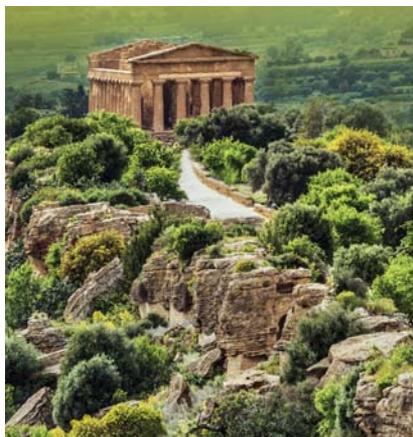
the Roman Amphitheater, where gladiators competed for the crowds; the Altar of Hieron II, the limestone cave known as Ear of Dionysius; and the Archaeological Museum.

Enjoy walking the legendary small island of Ortygia, Syracuse's maritime heart, where, in the remains of Piazza Pancali, the sixth-century B.C. Temple of Apollo stands as the most ancient Doric temple in Sicily. Inside the Baroque cathedral, built on and incorporating the ruins of a fifth-century B.C. temple dedicated to the goddess Athena, admire the unique baptismal font, an ancient Greek marble *krater* (large vase) dating from the 13th century. The landmark Piazza Archimede showcases the Baroque-style Fountain of Diana, adorned with rearing horses, charging tritons, and maternal sea nymphs depicting the mythological tale of the goddess. (B/L/D)

TAORMINA

Thursday, October 12

The charming, medieval town of Taormina commands one of the most impressive settings on the island and is the 2,400-year-old center of Sicilian culture and commerce. See imposing, snowcapped Mt. Etna, Europe's highest volcano and a UNESCO World Heritage site, and enjoy stunning panoramic views of Calabria across the Strait of Messina.



Visit the remarkably preserved third-century B.C. Greco-Roman theater, still in use today. Admire the ornate, Gothic-Catalan-style Corvaia Palace; the Baroque portal of the Cathedral of St. Nicola; and the Roman Odeon, built in 21 B.C. Stroll along Taormina's Corso Umberto, a bustling pedestrian thoroughfare with distinctive Mediterranean flair.

Be on deck this evening as the ship cruises in view of the most famous of the UNESCO World Heritage-designated Aeolian Islands – Stromboli, the “Lighthouse of the Mediterranean” – where a volcano has been active for 2,000 years. **(B/L/R/D)**

ISLAND OF CAPRI/ AMALFI COAST

Friday, October 13
Legend has it that along the shores of the dramatic isle of Capri, Homer's Odysseus resisted the alluring call of the sirens. Enjoy time at leisure to explore this captivating island.

Italy's UNESCO World Heritage-designated Amalfi Coast is legendary for its natural wonders and dramatic cliffs dotted with secluded villages, opulent villas, and sun-kissed beaches. Delight in a panoramic tour of this stunning coastline and enjoy time on your own in the lovely village of Positano. **(B/L/D)**

POMPEII/SORRENTO *Saturday, October 14*

The tephra of Mt. Vesuvius engulfed Pompeii in A.D. 79. Today the incredibly well-preserved ruins of this ancient Roman city are a UNESCO World Heritage site, providing an intimate look into the daily rituals of Roman life during the reign of Emperor Titus. See the impressive amphitheater, the house of the wealthy Vetti family and the extraordinary Temple of Jupiter. **(B/L/R/D)**

ROME/U.S. *Sunday, October 15*

Disembark in Civitavecchia and transfer to Rome, the historic heart of Italy, for your return flight to the U.S. **(B)**

Included meals indicated each day as B/L/R/D = Breakfast/Lunch/Reception/Dinner.



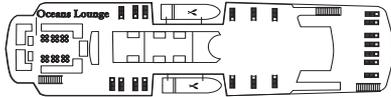
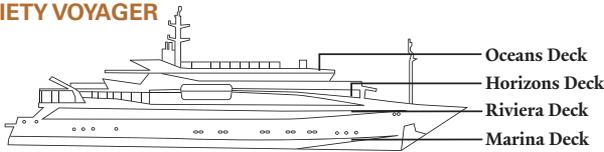
What is Included:

- Program of lectures and discussions with Professor Kirk Freudenburg and local experts.
- Accommodation on twin sharing basis as per the itinerary.
- All entrance fees as per the itinerary.
- All meals aboard the ship as per the itinerary, including beer and wine with lunch and dinner.
- Services of a Travel Director during the tour as per the itinerary.
- Welcome and Farewell Receptions.
- Gratuities to ship personnel, local guides, and drivers on included excursions and transfers.
- Transfers and luggage handling abroad for participants whose arrival(s)/departure(s) coincide with scheduled group transfer(s).
- Taxes.
- Complimentary bottled water in your cabin or suite and on excursions.
- Emergency medical evacuation services with UHC Global Assistance.

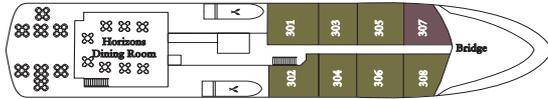
What is Not Included:

- Expenses of a personal nature like laundry, telephone/fax calls, alcoholic beverages, camera/video camera fee at monuments, medical expenses, airport departure tax, etc.
- Any insurance other than specified above.
- Any meals or beverages that are not specified in the above inclusions.
- International airfares.
- Expenses caused by factors beyond our control like rail and air plane delays, roadblocks, vehicle malfunctions, political disturbances, taxes, lost luggage, etc.
- Any other services not mentioned in the inclusions.

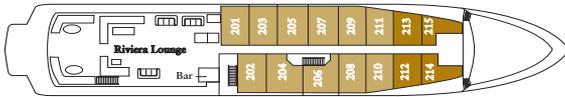
M. Y. VARIETY VOYAGER



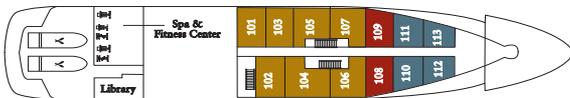
Oceans Deck



Horizons Deck



Riviera Deck



Marina Deck

CATEGORY 5

\$6,595

Cabin with two twin beds or one double bed and two portholes. **Marina Deck, forward.** (limited availability)

CATEGORY 4

\$7,495

Cabin with two twin beds and two portholes. **Marina Deck.** (limited availability)

CATEGORY 3

\$8,095

Cabin with two twin beds or one double bed. **Marina Deck** (two portholes); **Riviera Deck, forward** (two windows).

Single Pricing: \$12,895

CATEGORY 2

\$8,395

Cabin with two twin beds or one double bed and two windows. **Riviera Deck.**

Single Pricing: \$14,295

CATEGORY 1

\$9,095

Larger cabin with two twin beds or one double bed and two windows. **Horizons Deck.** (limited availability)

OWNER'S SUITE

\$9,595

Spacious accommodations with two twin beds or one double bed and four windows. **Horizons Deck.** (limited availability)

Taxes and gratuities to ship personnel are included for all categories.



Reserve Your Malta to Rome Trip Today

Book online : www.yaleedtravel.org/empires17

TIMELESS MALTA

Pre-Cruise Option

October 5-8

\$795 per person, double occupancy
\$1,195 per person, single occupancy

The island of Malta is referred to as "one of the most concentrated historic areas in the world."

Walk the medieval streets of the walled town of Mdina and explore its extraordinary architecture.

Experience the fabled Blue Grotto sea cave, visit the underground Lascaris War Rooms, and tour the opulent interiors of the 18th-century Palazzo Parisio. Accommodations for two nights are in the Five-Star

PHOENICIA HOTEL.

ETERNAL ROME

Post-Cruise Option

October 15-17

\$1,130 per person, double occupancy

\$1,630 per person, single occupancy

UNESCO World Heritage-designated Rome showcases its spectacular landmarks from centuries as a nucleus of power, culture, and religion. Visit the Colosseum, the Forum, and the Church of St. Peter in Chains, which houses Michelangelo's sculpture of *Moses*. Tour St. Peter's Basilica and explore the Vatican Museums, including the Sistine Chapel, featuring Michelangelo's awe-inspiring frescoes. Accommodations are for two nights in the deluxe WESTIN EXCELSIOR ROME.

Details will be provided with your reservation confirmation.

Terms and Conditions

RELEASE OF LIABILITY, ASSUMPTION OF RISK AND BINDING ARBITRATION AGREEMENT
BAGGAGE ALLOWANCE: Passengers are allowed two checked bags per person on international flights. Airlines have various policies concerning the number of bags and the weight allowed without excess baggage charges.
PHYSICAL ACCESSIBILITY: All programs require physical independence and mobility. Any physical or mental condition that may require special medical attention or physical assistance (for example, the need for a wheelchair) must be reported in writing when you make your reservation. Travelers must be able to embark or disembark motorcoaches alone or with minimal assistance from your traveling companion and climb stairs and step over raised thresholds without assistance. Travelers requiring assistance must travel with a companion who will be responsible for handling equipment.
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October 7-15, 2017

www.yaledtravel.org/empires17

To register, return this form with your deposit of \$1,000 per person to Yale Educational Travel. Final payment is due July 7, 2017.

Payment Options

pay by check made out to

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Please charge the deposit of \$1,000 per person to:

amex visa mastercard discover card

1) name as on passport

date of birth yale connection

passport origin relationship to other guest

2) name as on passport

date of birth yale connection

passport origin relationship to other guest

card number

expiration date security code

Accommodations

preference

I wish to have a single (limited availability – please call)

I will share accommodations with:

Contact Information

address

city/state/zip

primary phone

secondary phone

e-mail

Travel Options

I/We confirm that I/we have carefully read the Terms and Conditions and Responsibility section of this brochure and agree to their terms on behalf of myself and the members of my party named above.

signature(s) date

To reserve, return the above form with credit card authorization or check payable to "Thomas P. Gohagan & Company" to Yale Educational Travel, Association of Yale Alumni, P.O. Box 209010, New Haven, CT 06520-9010. Phone: (203) 432-1952. Fax: (203) 432-0587.

INSURANCE: Yale Educational Travel and Gohagan strongly recommend that participants purchase trip cancellation insurance. Yale does not recommend a particular insurance company. It is wise to cover the cost of trip investment in case one needs to cancel due to illness or emergency. The cancellation penalties listed in the program brochure will apply. Please review your medical insurance coverage to determine what is and is not covered while traveling abroad before contacting an insurance company.

Be aware that there is a very short window of time (anywhere from 7 days to perhaps 21 days from the time one pays the trip deposit) when insurance bought within that window will qualify for pre-existing condition coverage. If this is important to you, please do not wait to purchase travel insurance. Your Yale licensed tour operator may be able to send you an insurance application but you may not receive their insurance application in time to meet the pre-existing condition coverage.

ITINERARY: The itinerary is subject to change.

RESPONSIBILITY: Yale University, the Association of Yale Alumni and Gohagan employees, shareholders, subsidiaries, affiliates, officers, directors or trustees, successors, and assigns, do not own or operate any entity which is to or does provide goods or services for your trip including, for example, lodging facilities, airline, vessel, or other transportation companies, guides or guide services, local ground operators, providers or organizers of optional excursions, food service or entertainment providers, etc. All such persons and entities are independent contractors. As a result, Yale University, the Association of Yale Alumni, and Gohagan are not liable for any negligent or willful act or failure to act of any such person or entity or of any other third party.

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If due to weather, flight schedules or other uncontrollable factors, you are required to spend an additional night(s), you will be responsible for your own hotel, transfers and meal costs. Baggage is entirely at owner's risk. The right is reserved to decline to accept as a trip participant, or remove from a trip, without refund, any person Gohagan judges to be incapable of meeting the rigors and requirements of participating in the activities, or who is abusive to other trip participants, leaders or third parties, or who Gohagan determines to detract from the enjoyment of the trip by others. Passenger certifies not to have any mental, physical or other condition or disability that would create a hazard for him/herself or other passengers.

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Roman villas and Norman palaces await along sun-drenched coasts

Ancient Empires: *From Malta to Rome*

M. Y. VARIETY VOYAGER

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Encounter the diverse legacies of Malta, Sicily, and Italy – begun over 7,000 years ago and shaped by an endless roll call of empires who vied for control of their ancient coasts.

The timeless beauty and mystique of these history-laden lands beckon you today just as they once lured explorers, artists, and powerful rulers.