Peru: A Family Holiday in the Land of the Inca

December 26, 2019 to January 3, 2020

Paul Turner
Elihu Professor of Ecology and Evolutionary Biology

Mary Beth Decker
Research Scientist, Ecology & Evolutionary Biology
Lecturer, Forestry & Environmental Studies
Dear Yale Traveler,

Start the New Year in the mystical land of the Incas surrounded by your family and your fellow Yalies. The Andean landscapes and millennia-old indigenous cultures, provide us with a fascinating backdrop for exploration. On this specially crafted travel program, we’ll indulge in an array of family-friendly activities from horseback riding, to traditional weaving demonstrations and local craft markets, to hiking and bike riding.

We’ll board the train at Ollantaytambo to the UNESCO World Heritage site of Machu Picchu and contemplate this Lost City of the Incas with its granite temples, altars, squares, and ever-present Llamas. At the archaeological park, adventurers can walk to the Gate of the Sun, and even climb the dramatic peak of Huayna Picchu.

We’ll celebrate the New Year in Cusco as we wander the Plaza de Armas, Cathedral and bohemian quarter of the San Blas. In the surrounding hills outside of Cusco we’ll visit the astonishing Incan fortress-temple complex, Sacsayhuaman. Our tour would be incomplete without a special visit to the UNSAAC-YALE International Center which displays, conserves and studies the Machu Picchu archaeological collections curated by Yale at the Peabody Museum since their excavation by Hiram Bingham in 1912.

Accompanying us on this program will be Professor Paul Turner and his wife Professor Mary Beth Decker. Professor Turner’s research expertise in ecology and evolutionary biology will help illuminate the diversity of flora and fauna that make Peru one of the most biodiverse places on the planet.

This program is an opportunity to start 2020 with a peak Yale experience in the Andes. To hold your space, please visit www.yaleedtravel.org/perufamily19. We’re here to answer your questions at edtravel@yale.edu or (203) 432-1952.

Best wishes from Yale,

Lauren Summers
Senior Director, Lifelong Learning and Travel

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Highlights

Discover the fabled Inca city of Machu Picchu, one of the New Seven Wonders of the World.

Visit the UNSAAC-Yale International Center for the Study of Machu Picchu and Inca Culture.

Explore Cusco, the capital of the ancient Inca Empire.
PAUL TURNER is Henry Ford II Professor and Departmental Chair of Ecology and Evolutionary Biology at Yale University, and is a faculty member in Microbiology at Yale University School of Medicine. Dr. Turner's research interests include: evolutionary biology, evolutionary medicine, infectious disease, microbiology, phage therapy, RNA viruses, vector-borne disease, and virology. He uses an interdisciplinary approach in his research laboratory, employing techniques from microbiology, population genetics, genomics, molecular biology and mathematical modeling to study hypotheses in ecology and evolutionary biology.

He received his Ph.D. from Michigan State University and regularly serves on committees for the National Science Foundation, National Institutes of Health and the American Society for Microbiology. He was elected chair of international meetings, such as the 2013 Gordon Research Conference on Microbial Population Biology, and the 2018 Jacques Monod Conference on Viral Emergence. He has authored nearly 100 scholarly journal articles, reviews and book chapters, and he was recently elected Fellow of the American Academy of Microbiology.

MARY BETH DECKER is a Biological Oceanographer and Ecologist specializing in the influence of ocean conditions on the distribution, abundance and behavior of marine predators. Mary Beth first became interested in the study of oceanography and the behavior of marine organisms during a 4-month research expedition to the Galápagos Islands following her undergraduate work. While she was there, she was struck by how the oceanographic phenomenon El Niño reduced the productivity of the area, making it impossible for many marine birds to obtain sufficient food to raise their young. She has been studying the interplay of ocean variability and marine ecology ever since. Her research has taken her on many shipboard and field expeditions to places such as the Bering Sea, Prince William Sound, Svalbard, the Russian Arctic and Chesapeake Bay. Much of her early work focused on marine birds in Alaska. More recently, Mary Beth has worked on plankton-consuming predators of the Bering Sea ecosystem, in particular jellyfish and forage fish. She is particularly interested in how climate variability influences jellyfish populations, and how jellyfish blooms in turn affect food webs via predation and competition. Mary Beth’s current research examines the scale and impact of competition between forage fish and jellyfish in the Bering Sea and examines the roles of jellyfish and fishing as ecosystem structuring agents. Her teaching at Yale includes courses in Biological Oceanography and Coastal Ecosystems in a Changing World.
Inchero / Moray - Maras / Urubamba (Sacred Valley of the Incas)  
Saturday, December 28
Drive through beautiful Andean scenery to visit the village of Chinchero. Explore its main plaza, nearby Inca ruins, and craft market. At the workshop of Nilda Callañaupa attend a weaving demonstration using authentic Peruvian dyes and implements. Following lunch, stop at the workshop of Pablo Seminario, a famous ceramist, and former architect. Then on to a biking excursion to the ancient agricultural site of Moray and onwards to Maras to see the salt mines from the same period – a photographer's paradise!

Depart on a winding bus ride to Machu Picchu: one of the new Seven Wonders of the world.

Transportation is available to Maras and Moray for those not wishing to go biking. Aranwa Sacred Valley Hotel & Wellness (B,L,D)

URUBAMBA / OLLANTAYTAMBO / MACHU PICchu
Sunday, December 29
The morning is at leisure. Optional horseback riding is available if requested. Lunch is at Rancho Wayra followed by an exhibition of Peruvian Paso Fino Horses. Next, visit the fortress and village of Ollantaytambo, the last living Inca town where ancient agricultural terraces are still in use and see residents still wearing their native dress. Then depart on an hour and a half train ride through the Urubamba Valley to Machu Picchu and your hotel set in 12 acres of forest with incredible gardens including over 372 species of orchid, 214 species of birds, and a spectacled bear sanctuary. Inkaterra Machu Picchu Pueblo Hotel (B,L,D)

MACHU PICchu
Monday, December 30
In the morning, depart on a winding bus ride to Machu Picchu: one of the New Seven Wonders of the World. Located above the rainforest on the eastern slopes of the Andes, Machu Picchu (altitude 7,600 feet), was abandoned by the Incas and remained hidden in the jungle until 1911 when Hiram Bingham rediscovered it. Enjoy a guided tour through the ruins. Buffet lunch overlooking the ancient citadel. In the afternoon, continue enjoying this amazing site. Bus down to Machu...
Picchu town. Your two-night stay affords the opportunity to fully explore this extraordinary archaeological site surrounded by stunning peaks.

**Inkaterra Machu Picchu Pueblo Hotel (B,L,D)**

**MACHU PICCHU / OLLANTAYTAMBO / CUSCO**

**Tuesday, December 31**

This morning there will be opportunities to bird watch, join an orchid tour, or visit the spectacled bear project. Alternatively, you may return to the ancient citadel on your own. Those who seek adventure may climb Huayna Picchu, the peak that rises dramatically above the ancient ruins. Those who desire an easier option may choose to walk to the “Gate of the Sun” (Inti Punko). Lunch is at the hotel before departing to Ollantaytambo by train and transfer to Cusco, formerly the capital of the Inca Empire. New Year’s Eve Dinner. **Costa del Sol Ramada (B,L,D)**

**CUSCO**

**Wednesday, January 1**

On New Years’ morning travel to the outskirts of the city to explore the renowned fortress and religious site of Sacsayhuaman. Here massive stone blocks were fitted together so tightly, without mortar, that a knife blade cannot be inserted between them. After lunch, tour the bohemian quarter of San Blas known for its attractive narrow streets, ateliers and handicraft shops. Continue walking towards the Main Square for a visit to the cathedral. The remainder of the afternoon is free. Farewell dinner. **Costa del Sol Ramada (B,L,D)**

**CUSCO / LIMA / U.S.**

**Thursday, January 2**

In the morning, visit the famous Santo Domingo Church built on what was, during the Inca Empire, the Temple of the Sun or “Koricancha” in Quechua. Special visit to the UNSAAC-Yale Center for the study of Machu Picchu and Inca Culture. At the “Yale Center” see displays of the archaeological pieces that Hiram Bingham found in Machu Picchu and was originally housed at Yale University. Afternoon transfer to the airport for a flight back to Lima. Assistance is provided at the airport for your connection to international flights to U.S. Passengers who prefer to take an early morning return flight home may overnight at the airport hotel for an additional charge. **Overnight flight (B)**

**ARRIVE U.S.**

**Friday, January 3**

Arrive the U.S. and connect with flights homeward.

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**Reserve Your Trip Today**

Book online: yaleedtravel.org/perufamily19

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WHAT IS INCLUDED
- Educational program of lectures and discussions with Professor Paul Turner and Mary Beth Decker as well as local experts
- All accommodations and meals as specified in the itinerary
- All land, and train transportation
- 2 in-tour flights (Lima/Cusco; Cusco/Lima)
- All activities per itinerary
- Entrance fees to Machu Picchu on December 30
- Local guides and tour manager throughout
- Guided field trips, excursions and tours
- Bottled water on all excursions
- Airport transfers for group flights
- Gratuities to porters, guides, drivers and service staff for group meals and for all group activities
- Restaurant service charges and taxes
- Baggage handling
- Medical evacuation services through ISOS

WHAT IS NOT INCLUDED
- International and U.S. domestic airfare (quoted separately)
- Optional activities such as horseback, items not included in the itinerary or deviations from the scheduled tour
- Optional second entrance fee to Machu Picchu and Huayna Picchu on December 31
- Meals not specified in the itinerary
- Personal items such as laundry, fax or telephone calls, liquor, dishes and beverages not part of included meals, room service, passport and visa fees, excess baggage charges, individual transfers
- Medical expenses and travel insurance are not included
- Any increases in the in-tour airfare included as part of the program’s cost
- Airport taxes or security fees imposed after the initial pricing of this program are not included.

Program Cost, per person (based on double occupancy)

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<tr>
<th>Category</th>
<th>Cost</th>
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<tr>
<td>Adult</td>
<td>$6,790</td>
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<tr>
<td>Youth (12–16 years old)</td>
<td>$6,490</td>
</tr>
<tr>
<td>Child (7–11 years old)</td>
<td>$6,190</td>
</tr>
<tr>
<td>Third person discount</td>
<td>Less $200</td>
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Third person discount (Applies only to the 3rd person sharing the room)

Single Supplement (Limited availability) $890

Sample Coach Airfare (Roundtrip from JFK / LIMA / JFK) $1,012

(As of January 2019; quoted separately; subject to change).

NOTE: Due to the high demand for Holiday flights to Peru, all families are encouraged to make their airline reservations prior to July 2019.

WHAT TO EXPECT

This exclusive expedition is designed for Yale alumni and friends who are interested in archaeology, history, and the ancient cultures of Peru and its rich natural environment. The program is not limited to only those bringing children and offers activities and sightseeing that travelers of any age will find stimulating. Throughout Andean cities, temperatures range from 30°-40° F at night to 60°-75° F during the day and one should always be prepared for rain. Travel is by motor coach, bus, boat, regularly scheduled jet planes, and train. This is a moderately active program that is, at times, busy. Daily programs involve one to two miles of walking, often over uneven terrain, at a leisurely pace. There are activities for young ones and the young at heart including nature walks, bird watching, optional bike riding, and horseback riding and more. There is some stair climbing and at many ruins, stairs do not have handrails. In the Andes, travelers spend several days at elevations from approximately 8,000 to 11,200 feet. The tour has been planned to allow for gradual acclimatization when traveling to the Andean highlands. The group initially stays in the Valley at approximately 8,000 feet and continues on to Machu Picchu at approximately 7,900 feet, leaving the higher elevations of Cusco for the end after acclimatization. Lima, the capital of Peru, is at sea level. This trip is active to moderately active.
Enclosed is my check or credit card authorization for ________ ($1,000 deposit per person, payable to “Royal Adventures” to hold _____ place(s) on “Peru and Machu Picchu: A Family Holiday Adventure” program, December 26, 2019 – January 3, 2020. Final payment is due September 17, 2019.

1) NAME AS ON PASSPORT

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DATE OF BIRTH

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YALE AFFILIATION

2) NAME AS ON PASSPORT

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DATE OF BIRTH

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YALE AFFILIATION

3) CHILD’S NAME AS ON PASSPORT

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DATE OF BIRTH

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RELATIONSHIP

4) CHILD’S NAME AS ON PASSPORT

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DATE OF BIRTH

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RELATIONSHIP

Contact Information

ADDRESS

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CITY/STATE/ZIP

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HOME PHONE

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EMAIL

SIGNATURE   DATE

SIGNATURE   DATE

Payment Options

- Pay by check made out to “Royal Adventures”
- Please charge the deposit of ________ to
  - MasterCard
  - Visa
  - American Express

CARD #

EXP. DATE   SEC. CODE

- I will require single accommodations
- I will share accommodations with:

- I/We will take care of our own international flight arrangements
- Please make round trip air reservations from:

I/We confirm that I/We have read the Terms and Conditions and Responsibility sections of this brochure and agree to their terms on behalf of myself and of my party named above.

To reserve, return the above form with credit card authorization or check payable to “Royal Adventures” to Yale Educational Travel, PO. Box 209010, New Haven, CT 06520-9010. Phone: (203) 432-1952. Fax: (203) 432-0587. Or visit www.yaleedtravel.org/perufamily19 to book online.

**Terms and Conditions**

**RESERVATIONS, DEPOSITS, AND FINAL PAYMENT:** To reserve a space on this program, please visit www.yaletravel.org/perufamily19, e-mail edtravel@yale.edu, or mail authorization of a credit card payment or a check made payable to “ROYAL ADVENTURES” for $1,000 per person along with a completed reservation form to: Yale Educational Travel, Yale Alumni Association, PO. Box 209010, New Haven, CT 06520-9010. Or fax the form to (203) 432-0587. Reservations are acknowledged in the order of receipt. Final payment is due on September 17, 2019. Royal Adventures handles all invoicing. CST #2009579-40.

**CANCELLATIONS AND REFUNDS:** Refunds, less a cancellation fee of $500 per person, must be sent in writing to Yale Educational Travel on or before September 17, 2019. No refunds will be made after that date. Cancellations become effective as of the date they are received. There are no refunds for unused meals, accommodations or other trip features or for any part of the program on which you choose not to participate.

**QUESTIONS:** Please visit www.yaleedtravel.org/perufamily19, e-mail edtravel@yale.edu, or (203) 432-1952.

**INSURANCE:** Yale Educational Travel highly recommends that participants purchase trip cancellation insurance as the cancellation penalty in this brochure will apply. However, Yale does not recommend a particular insurance company. Yale travelers are free to purchase the insurance of their choice. Most travel insurance must be purchased within 7-10 days of paying a deposit in order to include certain provisions including pre-existing conditions.

**RESPONSIBILITY:** Royal Adventures, its owners and employees act only as agents for the various independent suppliers and contractors providing transportation, hotel accommodations, restaurant and other services connected with this tour. Such travel and services are subject to the terms and conditions under which such accommodations, services, and transportation are offered or provided, and the Yale Alumni Association and Royal Adventures and their respective, employees, agents, representatives, and assigns accept no liability therefor. The Yale Alumni Association and Royal Adventures assume no liability for any injury, damage, loss, accident, delay or other irregularity which may be caused by the defect of any aircraft or vehicle or the negligence or default of any company or person engaged in carrying out or performing any of the services involved. Additionally, responsibility is not accepted for losses, injury, damages or expenses of any kind due to sickness, weather, strikes, local laws, hostilities, wars, terrorist acts, acts of nature or other such causes. All services and accommodations are subject to the laws of the country in which they are provided. The Yale Alumni Association and Royal Adventures reserve the right to make changes in the published itinerary whenever, in their sole judgment, conditions warrant, or if they deem it necessary for the comfort, convenience or safety of the tour participants. They reserve the right to withdraw this tour without penalty. The right is also reserved to decline to accept or retain any person as a member of the tour or to substitute another qualified leader or special guest. Baggage and personal effects are the sole responsibility of the owners at all times. The price of the program is given in good faith based on current tariffs and rates and is subject to change. Any tariff, exchange rate, airfare, or fuel increases will be passed onto participants. Neither the Yale Alumni Association nor Royal Adventures accepts the liability for any airline cancellation penalty incurred by the purchase of a nonrefundable airline ticket. The air ticket when issued shall constitute the sole contract between the passenger and the airline concerned. As part of the consideration and right to participate in this tour, each participant will be asked to sign a liability release.
Join us on an adventure to Andean landscapes, archaeological treasures and colorful cultures.